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Non-Invasive Skin Tightening Treatment

**PATIENT INFORMATION SHEET**

**What is Sofwave?**

Sofwave is an FDA-cleared, non-invasive medical device that uses SUPERB™ Synchronous Ultrasound Parallel Beam technology to gently heat the deep layers of your skin. This controlled heating stimulates your body's natural healing response, leading to the production of new collagen and elastin—the essential proteins that keep skin firm, tight, and youthful

**How Does It Work?**

The Sofwave handpiece delivers ultrasound energy to a precise depth of 1.5mm beneath the mid-dermal layer is producing collagen and elastin. The energy creates tiny, controlled thermal injury points (coagulation zones) in the dermis. Your body recognizes this gentle injury and initiates a powerful healing process.

This process includes: *Neocollagenesis:The production of new, fresh collagen.  
 Neoelastogenesis:The production of new elastin fibers.*  
Over the following weeks and months, as new collagen and elastin build up, your skin gradually becomes tighter, smoother, and more lifted. The improved collagen network also enhances skin quality and texture.

**What Can Sofwave Treat?**

* Improvement of Wrinkles and Fine Lines: Especially on the forehead and around the eyes (crow's feet).
* Lifting of the Eyebrows: For a more alert, youthful appearance.
* Improvement of Neck Lines (Laxity):To reduce the appearance of sagging skin on the neck.
* Improvement of Décolletage Lines:To address crepey skin and wrinkles on the chest.
* Treating Acne Scars
* Improving the appearance of cellulite

**What to Expect During Your Treatment?**

A qualified clinician will assess your skin, discuss your goals, and determine if you are a good candidate.  
A typical treatment session lasts about 30-45 minutes, depending on the area(s) being treated. Most patients describe the sensation as brief, mild tingling or warmth. A topical anesthetic can be applied beforehand to maximize comfort. The integrated cooling technology in the handpiece protects the skin's surface.The clinician will glide the handheld device over your clean skin, delivering the ultrasound energy in a grid-like pattern. You may hear a faint beeping sound from the system.

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**When Will I See Results?**

Collagen remodelling is a natural biological process can sometimes take up to 12 weeks. Some patients see early improvements in skin texture within 4-8 weeks, the most significant results from new collagen growth become apparent at around 3 months and can continue to improve for up to 6 months post-treatment.

**How Many Treatments Are Needed?**

A single treatment is typically recommended for most patients. Your provider will create a personalized treatment plan based on your skin's condition, nutrition and lifestyle. In some cases, a follow-up treatment may be suggested after a year for maintenance.

**Am I Good Candidate?**

Ideal candidates are generally men and women with mild to moderate skin laxity who are looking for a non-surgical solution. It is not suitable for everyone.  
  
Sofwave may NOT be suitable for you if you have:

* Active skin infections or open wounds in the treatment area.
* Severe or cystic acne.
* Metal implants or permanent fillers in the treatment area.
* A history of keloid scarring.
* Certain medical conditions, like uncontrolled diabetes or autoimmune diseases.
* Are pregnant or breastfeeding.  
    
  *(Always discuss your full medical history with your Clinician.)*

**Are There Any Side Effects Associated With Sofwave?**

Sofwave™ is designed to minimize downtime and optimize patient convenience:

* No bruising was reported during clinical testing.
* No penetration of the skin is required.
* No device-related adverse events were reported in the multi-centre clinical studies.
* None of the patients experienced persistent pain or tenderness that would delay a return to normal activities.